# **gafchromic**<sup>™</sup> **xr-ct3** dosimetry film user protocol

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# purpose

this protocol is for use in determining the beam slice width delivered by CT scanners

## scope

this procedure applies to all CT scanners

# equipment and materials

- CT scanner
- gafchromic™ XR-CT3 film strips
- stand a stand is a rectangular object which is used to elevate the gafchromic<sup>™</sup> XR-CT3 film strip above the table and at the isocenter of the scanner. A suitable stand could be, for example, a small box (latex glove boxes are often available), a block of plastic (e.g. polystyrene, water equivalent plastic, etc.) or a stack of paper.
- metallic point marker such as Beekley spot
- flatbed film scanner (optional)
- filmQA pro<sup>™</sup> software for image analysis (optional)

## procedure

The protocol assumes that the CT scanner has been warmed up and is operating to the manufacturer's specification.

1. place the stand on the patient couch (figure 1)

#### figure 1







efficacy usability allure integrity profitability™

2. Place a metallic point marker at the center of the top of the stand. Use the couch movements to bring the metallic point marker to the isocenter of the CT scanner (figure 2). Conduct a test scan to confirm that the metallic point marker is at the isocenter. Adjust the couch required to bring the metallic point marker to the isocenter.

# figure 2



 Figure 3 is a black/white diagram of a gafchromic<sup>™</sup> XR-CT3 film strip. The strip has a metric scale. The smallest divisions are mm. The scale runs from -50 mm to +50 mm. Note that the film strip has a number printed at the bottom (#1 in the figure). This number is a unique identifier of the strip.

figure 3







4. Replace the metallic point marker with a gafchromic<sup>™</sup> XR-CT3 film strip. Place the long axis of the strip parallel to the axis of the CT scanner – i.e. the axis perpendicular to the x-ray beam. Position the 0 mm mark on the scale at the isocenter of the scanner (figure 4). It is helpful to turn on the laser indicators on the CT scanner to facilitate the positioning and alignment of the film strip.

#### figure 4



5. Set the control of the CT scanner to deliver the slice width that is to be measured.

- 6. Set the tube controls to produce an exam for a typical abdomen or head scan. In the past they have been found sufficient to darken gafchromic<sup>™</sup> XR-CT3 film strips so that they can be visually observed and easily measured. However, lesser or greater exposures may be desirable if the darkening is too great or too little.
- Remove the gafchromic<sup>™</sup> XR-CT3 film strip from the scanner. Make a record of the number of the film strip and the conditions of the scan.
- 8. Observe the slice width on the film strip and utilize the printed scale to measure the slice with. Record the slice width.
- 9. Alternatively, the gafchromic<sup>™</sup> XR-CT3 film strip can be placed on a flatbed scanner and scanned. Image analysis software may then be used to measure the profile across the exposed portion of the film strip and thereby determine the slice width. Record the slice width.
- If other slice widths of the CT scanner are to be evaluated repeat Steps 5 to 10, using a separate gafchromic<sup>™</sup> XR-CT3 film strip for each slice width.
- Exposed gafchromic<sup>™</sup> XR-CT3 film strips should be stored in the dark at ≤ 25 °C

#### table 1

| product            | Use                                | format                                | product code |
|--------------------|------------------------------------|---------------------------------------|--------------|
| gafchromic™ XR-CT3 | CA tool for radiology applications | box of 50 strips: size 10 cm x 1.9 cm | 972616       |

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